EASY FUNDRAISING GUIDE

RAISE $1,000 IN 10 DAYS!

ALL YOU HAVE TO DO IS ASK.

Omega Phi Alpha Presents
Bolt for PCOS
5K Run/Walk
Benefiting PCOS Challenge, Inc.

DAY 10 — Challenge 10 of your email or social media contacts to contribute $10 each. (Total Raised - $1,000)

DAY 9 — Ask 5 local businesses that you frequent to sponsor you for $25. (Total Raised - $900)

DAY 8 — Ask 5 people at your place of worship or a community group that you belong to for $20. (Total Raised - $725)

DAY 7 — Ask 5 neighbors to sponsor you for $20 each. (Total Raised - $625)

DAY 6 — Ask 5 co-workers to sponsor you for $20 each. (Total Raised - $525)

DAY 5 — Ask your company for a $50 contribution and find out if the company will match what you raise. (Total Raised - $425)

DAY 4 — Ask 5 friends for $30 each. (Total Raised - $375)

DAY 3 — Ask 5 relatives for $30. (Total Raised - $225)

DAY 2 — Ask your spouse or partner for $25. (Total Raised - $75)

DAY 1 — Sponsor yourself for $50. (Total Raised - $50)

PCOS Challenge
The National Polycystic Ovary Syndrome Association

OMEGA PHI ALPHA
NATIONAL SERVICE SORORITY

ACCESS MORE FUNDRAISING TOOLS AT BOLTFORPCOS.ORG